



In Partnership With Gerontologist, Julie Norstrand, PhD, MSW, MSc, Owner of Help My Aging Parents, we now offers Employee/Employer training

CAREGIVER BURNOUT

3 SIMPLE STEPS TO PROTECT BOTH EMPLOYEE AND BOTTOM LINE

Due to COVID-19 many employers/employees have added more to their plates. Caregiving is oftentimes one of the largest burdens your employee may be facing and it takes a dramatic toll on their work performance, personal stress and overall quality of life. Our trainings offer 3 simple steps that both the employer and employee can take to accurately assess the situation, gain knowledge and utilize expert resources to meet the unique challenges they are facing.



Gerontologist, Julie Norstrand, PhD, MSW, MSc, Owner
of **Help My Aging Parents.**

Help My
Aging
Parents

Schedule Your Training Today
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